Gold Coast Regional Masters Competition 18th August 2019 - 18/08/2019 Griffith University, Gold Coast

Results - 18th August 2019 - Age Grading: 5 Yr Indiv & 5 yr Multi

M29&U 60 Meter Sprint

Name Name	Age	Team	Finals	Wind	
Finals					
1 Reuben Wright	M15	Visitor	7.60	0.6	
W30 60 Meter Sprint Finals					
1 Amy McGaw	W33	Visitor	9.64	-1.1	2
M45 60 Meter Sprint					
Finals					
1 Simon Titley	M47	Gold Coast and Southern	8.01	0.6	
2 Scott Beatson	M46	Gold Coast and Southern	8.33	0.6	
3 Jason Landers	M49	Visitor	9.27	0.6	
M50 60 Meter Sprint Finals					
1 Gary Parkinson	M51	Gold Coast and Southern	8.01	0.6	
2 Michael Wright		Brisbane	8.45	0.6	
W60 60 Meter Sprint					
Finals 1 Denise Quinn	W63	S'Shine Coast Uni and Northern	11.21	-1.1	2
W65 60 Meter Sprint					
Finals	WICO	6.116 16 1	0.60		2
1 Carol Davis		Gold Coast and Southern	9.68	-1.1	2
2 Noela Brameld	W 63	S'Shine Coast Uni and Northern	11.42	-1.1	2
M75 60 Meter Sprint					
Finals 1 John Lester	M76	Gold Coast and Southern	9.98	0.6	
	IVI / O	Gold Coast and Southern	9.96	0.0	
M29&U 150 Meter Sprint Finals					
1 Reuben Wright	M15	Visitor	18.17	-0.7	
M45 150 Meter Sprint Finals					
1 Scott Beatson	M46	Gold Coast and Southern	20.48	-0.7	
Jason Landers	M49	Visitor	DNF	-0.7	
M50 150 Meter Sprint					
Finals 1 Michael Wright	M52	Brisbane	20.29	-0.7	
W60 150 Meter Sprint					
Finals 1 Denise Quinn	W63	S'Shine Coast Uni and Northern	28.46	-0.7	
W65 150 Meter Sprint					
Finals 1 Noela Brameld	W65	S'Shine Coast Uni and Northern	28.67	-0.7	
M75 150 Meter Sprint					
Finals 1 John Lester	M76	Gold Coast and Southern	25.38	-0.7	

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Results - 18th August 2019 - Age Grading: 5 Yr Indiv & 5 yr Multi

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M29&U 300 Meter Sprint		
Finals 1 Reuben Wright	M15 Visitor	41.61
M45 300 Meter Sprint		
Finals 1 Scott Beatson	M46 Gold Coast and Southern	44.64
M50 300 Meter Sprint	Wild Gold Gods, and Bouner	11101
Finals		
 Gary Parkinson Michael Wright 	M51 Gold Coast and Southern M52 Brisbane	42.39 50.05
M55 300 Meter Sprint	17132 Brisonic	30.03
Finals		
1 Steve Jones	M55 Gold Coast and Southern	46.50
M29&U 600 Meter Run Finals		
1 Kris Hayward	M14 Visitor	1:29.43
M40 600 Meter Run		
Finals 1 Hugh McGaw	M41 Visitor	1.41.60
M50 600 Meter Run	W41 VISITOF	1:41.69
Finals		
1 Gary Parkinson	M51 Gold Coast and Southern	1:35.56
M50 Long Jump Finals		
1 Michael Wright	M52 Brisbane	4.50m NWI
M45 Shot Put		
Finals	MAS NY	11.04
1 Rodney Watson2 Richard Harris	M45 Visitor M48 Gold Coast and Southern	11.94m 10.74m
M50 Shot Put		
Finals	M52 D : 1	10.21
1 Mark Ashcroft W60 Shot Put	M52 Brisbane	10.31m
Finals		
1 Denise Quinn	W63 S'Shine Coast Uni and Northern	7.00m
M70 Shot Put Finals		
1 Kevin Ryall	M70 Gold Coast and Southern	10.50m
M40 Discus Throw		
Finals	M41 D : 1	20.11
1 Euan McLean M45 Discus Throw	M41 Brisbane	38.11m
Finals		
1 Richard Harris	M48 Gold Coast and Southern	33.62m
2 Rodney Watson	M45 Visitor	31.01m

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M50 Dis	scus Throw			
Finals				
1 N	Mark Ashcroft	M52 1	Brisbane	31.40m
W60 Dis	scus Throw			
Finals				
1 I	Denise Quinn	W63 S	S'Shine Coast Uni and Northern	18.47m
M70 Dis	scus Throw			
Finals				
1 k	Kevin Ryall	M70 (Gold Coast and Southern	31.02m
M45 Jav	velin Throw			
Finals				
1 F	Richard Harris	M48 (Gold Coast and Southern	31.33m
M50 Jav	velin Throw			
Finals				
1 N	Mark Ashcroft	M52 1	Brisbane	28.54m
W60 Jav	velin Throw			
Finals				
1 I	Denise Quinn	W63 S	S'Shine Coast Uni and Northern	20.59m
W65 Jav	velin Throw			
Finals				
1 (Carol Davis	W68 (Gold Coast and Southern	23.88m