

QMA		
23/06/2024 Shot Put		
Name	Age Group	Distance
Annie Hatch	45	5.47
Karl Beste	49	10.04
Tyson Eliaia	31	11.35
Rodney Watson	50	11.1
Miranda Ramsden	40	8.85
Janet Webber	50	9.61
Hans Rotbauer	34 ND	
Laurence Quinlivan	89	6.46
Jasper Perkin	13	10.16
Craig Elliott	67	7.28
Don Quinn	80	7.28