



Run! Run!





QMA's great volunteers



You can be a volunteer too!



QMA E-NEWS MARCH 2025

QMA CHAMPIONSHIPS – coming up fast!

WHEN: weekend of 5th and 6th April 2025 WHERE: SAF track DETAILS are on the QMA website home page: ENTER ON LINE ONLY <u>HERE</u>

Entries close on Friday 21st March 2025, 7pm. Late entries (until 9am Monday 24th March) extra \$50 **NOTE**: you will need your National Member ID# to register. After you enter that and your surname, you will be sent an email with a link to continue with your entry. Any problems – email Entry Coordinator <u>irenedaveyqma@bigpond.com</u>

AMA CHAMPIONSHIPS ADELAIDE

Entries are now closed. It looks like QMA has 77 entrants. QMA team manager will be Roisin O'Dwyer-Mazur. Roisin is an experienced QA official and has managed School sport and QA teams.

She will be in touch with all QMA members who are going to Adelaide very soon.

While on the subject of the Nationals, here is the list of QMA members who have been nominated for AMA awards:

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Sprints/Hurdles	Julie Brims
Middle Distance/Stee	plechase Peter Link
Distance	Ian Cameron
Walks	Brenda Gannon
Jumps	Dash Newington
Throws	Tyson Elisaia
Multi Events/Relays	Dash Newington
Outstanding Athlete	Male – Ian Cameron
	Female – Julie Brims
Outstanding Individu	al Performance Robert Godino
Administration	Karen Lakin

Coach *David McKean* We wish all the nominees success against the best from the other states! Awards will be presented at the Dinner.

Marge Burley

WMA INDOOR CHAMPIONSHIPS

Official Award

Some of our QMA members will be heading off to Florida this week for this event. Let's wish them safe travelling and good competition!

VOLUNTEERING

Are you keen to be our new Brisbane Meet Manager operator?

Our long-standing Meet Manager volunteer, Jesse, will be moving on soon so we need at least one member or volunteer to learn the ropes so Brisbane competitions can continue to run efficiently. Good computer skills are the main requirement. Also looking for members to learn Photo Finish. If this is you – please contact Nick: president@qldmastersathletics.org.au

MORE VOLUNTEERS REQUIRED!

For the QMA State Championships on 5th and 6th April.

If you are not competing, please come out and assist. Contact Wilma: <u>wilmaperking@me.com</u> If you are competing – please assist with other events between your events. Let Wilma know your availability.

UNIFORMS: latest orders will be available to collect at the QMA Championships.

BRISBANE REGION NEWS

Next competitions: Wednesday 19th March – come along and compete in the cool of the evening. On line entries close Monday17th, 7pm. (or enter at the track)

Saturday 29th March – last opportunity for competition before the QMA Champs!

Reminder: Sprint training with Coach Dan O'Sullivan Wednesday mornings 6.45am, generally on the SAF track. Dan will also assist with jumps and hurdles.

There are usually a couple of throwers and pole vaulters training as well.

Training fee: \$6, payable by card at the gate.

Also sprint training Saturday mornings, SAF before competition, or other venues. Contact John Wight for more information.

SUNSHINE COAST NEWS

QMA members are welcome to compete at the USC MiniMeet on 25th March. This event is all jumps and throws. For info and to enter: https://qldathletics.org.au/event/unisc-athletics-mini-meet-3/

NORTH QUEENSLAND NEWS

The Great Barrier Reef Masters Games are coming up at the end of May – head north for fun competition and to escape Brisbane's winter! Athletics events will be held 30th May to 1st June. Entries close 11th May. Info and to enter: <u>https://www.gbrmg.com.au/</u> North Queensland Track season will start in May. Check the ANQ website for details.

That's about it for this time! Get those entries in for YOUR QMA CHAMPIONSHIPS ASAP. Nick Macmillan QMA President